**A logo with text on it

Description automatically generatedWPO Member Monthly Update (today’s date\_\_\_\_\_\_\_\_\_ )**

*Please complete this from the perspective of your* ***whole self -*** *business, personal, family - sharing what is most meaningful to you. Focus your update on how these events have made you* ***feel*** *and what impact it has had on you, your business, and your life.*

**How I feel in this moment: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ What I am grateful for: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |
| --- | --- |
| **Headline:** *Use succinct bullet points in each section, focusing on the most impactful.* | **Meaning & Emotions:** *How are you feeling about each point? What is the impact on you or your business? Focus on the* ***significance*** *vs the story.* |
| **High Points** (Business, Personal, Family Celebrations) | |
|  |  |
|  |  |
| **Challenges** (Business, Personal, Family Challenges) | |
|  |  |
|  |  |
| **Opportunities / Possibilities** (What potential exists? What is the benefit/opportunity cost to pursue?) | |
|  |  |
| What financial metric are you most proud of this month? | |
| What are you tolerating? What has tested your patience? | |
| ***The most meaningful challenge or opportunity I need help with this month is…*** | |

========================================================

**MEETING CLOSE: Looking forward to the next month, I would like to be held accountable for (**use SMART criteria – Specific, Measurable, Actionable, Realistic, Time-bound)

|  |
| --- |
| Commitment from last month: |
| Commitment for next month: |